

GP telephone note

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Patient ID	P020	Document ID	P020-D06
Date	2026-09-10	Type	GP telephone note
Author	Gp	Recipient	-

Slacks Creek Medical Centre

Date: 10/09/2026

Patient: Thomas Reed

Age: 57 years

Sex: Male

GP: Dr Amelia Brown

Reason for contact

Telephone medication check to confirm apixaban maintenance-dose transition.

History

- 03/09/2026: Left leg venous ultrasound confirmed acute proximal DVT. Emergency Department commenced apixaban 10 mg twice daily for 7 days, then 5 mg twice daily. Olmesartan 20 mg once daily continued.
- 07/09/2026: GP post-ED review. Calf swelling improving, no bleeding symptoms, medication instructions understood. Plan to continue apixaban and reinforce planned dose transition.

Telephone review

Patient confirmed he has commenced apixaban 5 mg twice daily as planned. No bleeding symptoms reported.

Assessment

Initial apixaban treatment phase completed. Maintenance dose commenced. No bleeding symptoms.

Medication changes

Apixaban: transitioned from 10 mg twice daily (initial phase) to 5 mg twice daily (maintenance phase), active.
Reason: completed planned initial treatment phase.

Olmesartan 20 mg once daily: continue unchanged.

Follow-up

Thrombosis clinic assessment and duration plan due 19/09/2026 - outstanding.

Safety-netting

Previous advice remains: seek emergency care for chest pain, breathlessness or major bleeding; avoid non-prescribed NSAIDs.