

GP follow-up note

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Patient ID	P020	Document ID	P020-D05
Date	2026-09-07	Type	GP follow-up note
Author	Gp	Recipient	-

Date: 07/09/2026

Patient: Thomas Reed

Age: 57 years

Sex: Male

GP: Dr Amelia Brown

Clinic: Slacks Creek Medical Centre

Reason for contact

Post-ED follow-up for anticoagulation safety and symptom review following recent diagnosis of left proximal DVT.

History

- Left proximal DVT diagnosed on 03/09/2026 at Logan Hospital Emergency Department; venous ultrasound final result confirmed proximal DVT.
- Apixaban started 03/09/2026: 10 mg twice daily for 7 days, then 5 mg twice daily.
- Olmesartan 20 mg once daily continued unchanged.
- No known drug allergies.

Review today

- Calf swelling improving.
- No bleeding symptoms.
- Medication instructions understood.

Assessment

Stable post-DVT on apixaban. No bleeding symptoms. Continue apixaban and reinforce planned dose transition.

Medication changes

Apixaban - continued.

- Previous regimen: 10 mg twice daily initial phase.
- New regimen: transition to 5 mg twice daily after day 7.
- Reason: DVT treatment plan reinforced.
- Status: active.

Olmesartan 20 mg once daily - continued unchanged.

Plan

- Continue apixaban; reinforce transition to 5 mg twice daily after day 7 (due 10/09/2026).
- Safety-netting: seek emergency care for chest pain, breathlessness or major bleeding; avoid non-prescribed NSAIDs.
- Follow-up: thrombosis clinic assessment and duration plan due 19/09/2026 (Metro South Thrombosis Clinic) - outstanding.
- GP anticoagulation safety review completed today (07/09/2026).