

GP consultation note

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Patient ID	P019	Document ID	P019-D02
Date	2026-08-27	Type	GP consultation note
Author	Gp	Recipient	-

Kingston Road Medical Centre

Date: 27 August 2026

Patient: Maria Santos

Age: 63 years

Sex: Female

Primary GP: Dr Andrew King

Reason for contact

Urgent same-day review of infected diabetic foot ulcer, referred by Community Podiatry after routine foot review for known plantar callus.

History

Community Podiatry reviewed the patient earlier today. A new 1.5 cm ulcer was identified with surrounding redness and a small amount of purulent discharge. The podiatry impression was a possible infected diabetic foot ulcer requiring same-day medical review. The patient attended as arranged.

Background

Type 2 diabetes, chronic kidney disease stage 3, peripheral neuropathy and heart failure. Penicillin allergy with angioedema. Lives with adult son and receives regular podiatry.

Findings

Reduced protective sensation.

Redness extending beyond the ulcer edge.

Capillary glucose 14.2 mmol/L.

Assessment

Diabetic foot ulcer with clinical features of infection. Emergency Department assessment is required for imaging, cultures and consideration of parenteral treatment.

Plan

- Same-day Emergency Department assessment arranged at Logan Hospital. The patient has been advised to attend today. This assessment remains outstanding as at the time of this note.
- No imaging or culture results available in general practice as at this review.
- Medication changes:
- Empagliflozin 10 mg once daily temporarily withheld today due to acute diabetic foot infection. Do not take until reviewed.
- Other regular medications unchanged:
- Bisoprolol 2.5 mg once daily
- Furosemide 40 mg once daily
- Insulin glargine 24 units nightly

Follow-up

Same-day Emergency Department assessment outstanding.