

Podiatry note

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Patient ID	P019	Document ID	P019-D01
Date	2026-08-27	Type	Podiatry note
Author	Podiatry	Recipient	-

Community Podiatry

Date: 27 August 2026

Patient: Maria Santos

Age: 63 years

Sex: Female

Primary GP: Dr Andrew King, Kingston Road Medical Centre

Reason for attendance: Routine foot review for known plantar callus.

Relevant background: Type 2 diabetes, chronic kidney disease stage 3, peripheral neuropathy and heart failure. Known allergy to penicillin (angioedema). Lives with adult son and receives regular podiatry care.

Findings: On review of the known plantar callus, a new 1.5 cm ulcer was identified. Surrounding redness was present, with a small amount of purulent discharge.

Clinical impression: Possible infected diabetic foot ulcer requiring same-day medical review.

Care provided: The ulcer and surrounding tissue were assessed and findings documented. No dressing, debridement or other procedure details are recorded for this visit. No medication changes were made at this appointment.

Advice and follow-up: Same-day GP assessment was arranged, with the patient to attend Kingston Road Medical Centre today. This review remains outstanding as at the time of this note. The patient was advised to seek prompt medical attention as arranged.

No further podiatry follow-up has been scheduled at this time pending medical review.

Podiatrist

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