

Falls service note

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COMMUNITY REHABILITATION SERVICE - COMMUNITY FALLS SERVICE

Home falls assessment

Patient: Arthur Green

Age: 81 years | Sex: Male

Date of assessment: 29 August 2026

Location: Patient home

Service: Community falls service

Primary GP: Dr Zoe Miller, Woodridge Medical Practice

REASON FOR ASSESSMENT

Falls-risk review.

BACKGROUND

Mr Green is an 81-year-old man with Parkinson disease, hypertension and benign prostatic hyperplasia. He lives with his spouse and receives community physiotherapy. He presented to Logan Hospital Emergency Department on 23 August 2026 with recurrent falls and dizziness, where a postural blood pressure drop was documented and orthostatic hypotension was considered likely to be contributing to his falls. A left elbow X-ray was reported with no fracture. Amlodipine was ceased on 23 August 2026, and cessation was confirmed by his GP at post-ED follow-up on 26 August 2026. His current medications are levodopa/carbidopa 100/25 mg three times daily and tamsulosin 400 micrograms nightly.

ASSESSMENT AND ACTIONS

- Walking aid height corrected.
- Transfer technique practised with Mr Green.
- Night lighting recommended.
- Home falls plan updated.

No medication changes were made at this visit.

FOLLOW-UP

- GP medication and blood-pressure review - completed 26 August 2026.
- Community falls assessment - completed 29 August 2026.
- Home medicines review, community pharmacist - outstanding, due 9 September 2026.
- Neurology review of Parkinson medicines and orthostasis, Metro South Neurology Clinic - outstanding, due 16 September 2026.

Community falls service (allied health)

Community Rehabilitation Service

29 August 2026