

GP follow-up note

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Patient ID	P018	Document ID	P018-D04
Date	2026-08-26	Type	GP follow-up note
Author	Gp	Recipient	-

Patient: Arthur Green

Age: 81 years | Sex: Male

Date: 26 August 2026

Clinic: Woodridge Medical Practice

GP: Dr Zoe Miller

Encounter type: Post-ED follow-up

REASON FOR CONTACT

Review of falls and medicines following Emergency Department presentation on 23 August 2026.

HISTORY

Mr Green attended the Emergency Department at Logan Hospital on 23 August 2026 after his second fall in one week, which occurred at home after standing. There was no head strike and left elbow bruising was noted. Postural blood pressure drop was documented in ED and orthostatic hypotension was considered likely to be contributing to his falls. Left elbow X-ray was final with no fracture and no infection was identified. He was discharged home with stable mobility under supervision, and amlodipine 5 mg once daily was ceased at discharge.

At today's review, Mr Green reports no further falls. Postural symptoms have reduced since cessation of amlodipine.

ASSESSMENT

Sitting blood pressure acceptable today. Postural symptoms improved following cessation of amlodipine. No further falls since ED discharge.

MEDICATION CHANGES

- Amlodipine - cessation confirmed (ceased 23 August 2026). Reason: postural symptoms improved after cessation.

Current medications

- Levodopa/carbidopa 100/25 mg three times daily
- Tamsulosin 400 micrograms nightly

PLAN

- Keep amlodipine ceased.
- Request home medicines review by community pharmacist (due 9 September 2026).
- GP medication and blood-pressure review completed today.
- Community falls assessment remains outstanding (due 2 September 2026, Community Rehabilitation Service).
- Neurology review of Parkinson medicines and orthostasis remains outstanding (due 16 September 2026, Metro South Neurology Clinic).

SAFETY-NETTING

Continue to rise slowly, maintain fluids unless otherwise advised, and use mobility aid. Return for review if further falls, dizziness, or new symptoms occur.