

Urgent care note

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Patient ID	P017	Document ID	P017-D02
Date	2026-08-30	Type	Urgent care note
Author	Other Clinical	Recipient	-

Date: 30 August 2026

Patient: Isabella Rossi, 41-year-old female

Regular GP: Dr Maya Singh, Eight Mile Plains Family Practice

Reason for attendance: Suspected antibiotic allergy.

History

Patient reports a widespread itchy rash that developed after two doses of trimethoprim 300 mg nightly. Trimethoprim was commenced on 29 August 2026 for dysuria and urinary frequency, with a urine specimen collected at that time and culture pending. She reports no facial swelling and no breathing difficulty. She contacted urgent care for assessment.

Examination/findings

Generalised urticarial rash. No airway involvement. Haemodynamically stable.

Assessment

Probable trimethoprim allergy. Cease trimethoprim and use alternative treatment.

Medication actions

- Trimethoprim 300 mg nightly - ceased on 30 August 2026. Reason: generalised urticarial rash after two doses.
- Nitrofurantoin 100 mg twice daily - started on 30 August 2026 as alternative UTI treatment after suspected allergy. Intended duration: 5 days.

Advice

- Avoid trimethoprim unless specialist review determines otherwise.
- Seek emergency care for breathing difficulty or facial swelling.

Follow-up

- Review urine culture - due 1 September 2026, ordering GP, Eight Mile Plains Family Practice. Outstanding.
- Communicate new antibiotic allergy to regular GP - due 1 September 2026, urgent care clinician, Logan Urgent Care Centre. Outstanding.
- Update and verify trimethoprim allergy record - due 6 September 2026, GP, Eight Mile Plains Family Practice. Outstanding.