

GP follow-up note

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Sunnybank Hills Medical Centre

GP follow-up note

Date: 11 September 2026

Patient: George Martin, 65-year-old male

GP: Dr Felicity Jones

Reason for contact

Follow-up review of symptoms and procedure status following recent colonoscopy for iron-deficiency anaemia.

History

- Background: hypertension and gastro-oesophageal reflux disease. No known drug allergies. Previously independent with no known previous anaemia.
- 28/07/2026: results review for new iron-deficiency anaemia. No haemodynamic instability and no visible bleeding. Ferrous sulfate 325 mg once daily started and gastrointestinal investigation arranged.
- 12/08/2026: gastroenterology outpatient assessment. Endoscopic investigation recommended; specialist accepted responsibility for procedure and histology follow-up. Colonoscopy booked.
- 09/09/2026: colonoscopy at Logan Hospital Endoscopy Unit. Two colonic polyps removed. No active bleeding seen. Histology specimens submitted; histology pending.
- Available results: full blood count final showing microcytic anaemia; ferritin final low.
- Today: fatigue modestly improved. Tolerating oral iron.

Assessment

Iron-deficiency anaemia with modest symptomatic improvement on oral iron and no reported intolerance. Post-colonoscopy with polyps removed and histology pending. Gastroenterology remains responsible for review and communication of the histology result. No active bleeding seen at colonoscopy.

Medication changes

- Ferrous sulfate 325 mg once daily continued. Reason: tolerated with modest symptom improvement. Status: active.
- Lisinopril 10 mg once daily and pantoprazole 40 mg once daily continued unchanged.

Plan

- Continue ferrous sulfate 325 mg once daily.
- Repeat full blood count and iron studies due 09/10/2026; GP to arrange/review.
- Gastroenterology to review polyp histology and communicate result by 18/09/2026.

Follow-up

- GP review with repeat full blood count and iron studies after 09/10/2026.
- Gastroenterology histology result review/communication due 18/09/2026.

Dr Felicity Jones

Sunnybank Hills Medical Centre