

Specialist letter

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Patient ID	P015	Document ID	P015-D04
Date	2026-08-12	Type	Specialist letter
Author	Specialist	Recipient	-

Metro South Gastroenterology Clinic

12 August 2026

Dr Felicity Jones

Sunnybank Hills Medical Centre

Dear Dr Jones,

Re: George Martin, aged 65 years

Reason for referral

Thank you for referring Mr Martin for evaluation of iron-deficiency anaemia.

Relevant history

Mr Martin is a 65-year-old man with a background of hypertension and gastro-oesophageal reflux disease. He has no known drug allergies and was previously independent with no known history of anaemia. On 25 July 2026 you reviewed him for progressive fatigue and reduced exercise tolerance; he reported no overt bleeding. Blood tests performed on 27 July 2026 confirmed iron-deficiency anaemia with a low haemoglobin, low ferritin and microcytosis. At your review on 28 July 2026, he was haemodynamically stable with no visible bleeding. You commenced ferrous sulfate 325 mg once daily and referred him for gastrointestinal investigation.

Current medications

- Ferrous sulfate 325 mg once daily (commenced 28 July 2026)
- Lisinopril 10 mg once daily
- Pantoprazole 40 mg once daily

No medication changes were made at this assessment.

Findings reviewed

I reviewed the available results, including the full blood count showing microcytic anaemia and the low ferritin, consistent with iron-deficiency anaemia.

Assessment

This is iron-deficiency anaemia in a 65-year-old man, for which endoscopic investigation is recommended to look for a gastrointestinal source. Following this assessment, a colonoscopy has been booked. I have accepted responsibility for following up the procedure and any associated histology.

Plan

- Colonoscopy booked for 9 September 2026.
- I will review the colonoscopy results and any associated histology on 18 September 2026.
- Continue current medications, including ferrous sulfate 325 mg once daily, with no changes at this time.
- Please contact me if there are any new symptoms or concerns in the interim.

Yours sincerely,

Gastroenterology Specialist

Metro South Gastroenterology Clinic