

GP consultation note

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Patient ID	P015	Document ID	P015-D01
Date	2026-07-25	Type	GP consultation note
Author	Gp	Recipient	-

Sunnybank Hills Medical Centre

Date: 25 July 2026

Patient: George Martin (65 years, male)

Primary GP: Dr Felicity Jones

Encounter type: Consultation

Reason for contact

Progressive fatigue.

History

Reports progressive fatigue with reduced exercise tolerance. No overt bleeding reported.

Background

Chronic conditions: hypertension, gastro-oesophageal reflux disease.

Allergies: no known drug allergies.

Baseline: independent, no known previous anaemia.

Current medications

- Lisinopril 10 mg once daily
- Pantoprazole 40 mg once daily

Assessment

Fatigue with reduced exercise tolerance in a 65-year-old man with hypertension and gastro-oesophageal reflux disease. No overt bleeding reported. To investigate for anaemia and metabolic causes.

Plan

- Initial blood tests for fatigue requested; due 29 July 2026.
- Results to be reviewed by GP.
- No medication changes today; continue lisinopril 10 mg once daily and pantoprazole 40 mg once daily.