

GP follow-up note

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Date	2026-09-09	Type	GP follow-up note
Author	Gp	Recipient	-

Date: 09/09/2026

Patient: Priya Nair

Clinician: Dr David Wilson

Practice: Calamvale Family Practice

Reason for contact

Follow-up to confirm symptom and dose stability following the recent levothyroxine dose increase and thyroid function review.

History

Mrs Nair was reviewed by telephone on 30/08/2026 to discuss repeat thyroid function testing performed on 28/08/2026. That testing followed an increase in levothyroxine from 75 micrograms to 100 micrograms once daily on 17/07/2026, which was made in the context of persistent symptoms with an elevated TSH and low-normal free T4.

At today's review, Mrs Nair reports that her energy has improved. She reports no new symptoms.

Assessment

Symptom and dose stability confirmed. Thyroid function has responded adequately to the increased levothyroxine dose, with TSH improved into the laboratory reference interval and free T4 within the laboratory reference interval on testing dated 28/08/2026. No further dose adjustment is required.

Medication changes

No changes today.

Current medications

- Levothyroxine 100 micrograms once daily - continued.
- Rosuvastatin 10 mg nightly - unchanged.

Plan

- Continue levothyroxine 100 micrograms once daily.
- Return to routine monitoring.
- No further thyroid function testing required at this stage.

Safety-netting

Advised to contact the practice if symptoms recur or worsen, or if new symptoms develop.

Dr David Wilson

Calamvale Family Practice