

GP telephone note

Synthetic Clinical Document - For Educational Use Only

Patient ID	P014	Document ID	P014-D05
Date	2026-08-30	Type	GP telephone note
Author	Gp	Recipient	-

Date: 30/08/2026

Patient: Priya Nair

Clinician: Dr David Wilson

Practice: Calamvale Family Practice

Reason for contact

Telephone review to discuss repeat thyroid function results.

History

Repeat thyroid function testing was performed on 28/08/2026 following an increase in levothyroxine dose on 17/07/2026 from 75 micrograms to 100 micrograms once daily. The dose increase was made in the context of persistent symptoms with an elevated TSH and low-normal free T4 on testing dated 16/07/2026.

On this call, Mrs Nair reports that her fatigue has improved. She reports no palpitations.

Results

Repeat thyroid function (28/08/2026):

- TSH: improved, now within the laboratory reference interval.
- Free T4: within the laboratory reference interval.

Assessment

Biochemical response to the increased levothyroxine dose is adequate, with improvement in symptoms and thyroid function tests.

Medication changes

Levothyroxine continued at 100 micrograms once daily. No dose change today. Reason: symptoms and thyroid tests improved.

Other current medications

Rosuvastatin 10 mg nightly - unchanged.

Plan

- Continue levothyroxine 100 micrograms once daily.
- Confirm symptom stability after result review - follow-up due 12/09/2026.

Safety-netting

Advised to contact the practice if symptoms recur or worsen, or if new symptoms develop before the planned follow-up.

Dr David Wilson

Calamvale Family Practice