

GP results note

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Results Review - Thyroid Function

Date: 17 July 2026

Calamvale Family Practice

Patient: Priya Nair (52 years, female)

GP: Dr David Wilson

Reason for review

Review of thyroid function results requested for investigation of fatigue and cold intolerance.

Results reviewed

- TSH: elevated (final)
- Free T4: low-normal (final)

Biochemical picture consistent with under-replacement on current levothyroxine dose.

History

Attended on 15 July 2026 with fatigue and cold intolerance. No acute illness. At that consultation she reported taking levothyroxine with breakfast; advised to take it consistently apart from food and interacting supplements.

At today's review, administration timing discussed. No missed doses reported.

Assessment

Persistent symptoms with elevated TSH and low-normal free T4. Primary hypothyroidism, biochemically under-replaced.

Medication changes

- Levothyroxine: dose increased from 75 micrograms once daily to 100 micrograms once daily, effective 17 July 2026. Reason: persistent symptoms with elevated TSH. Continue ongoing.

Other current medication: rosuvastatin 10 mg nightly - unchanged.

Plan

- Increase levothyroxine to 100 micrograms once daily.
- Continue to take levothyroxine consistently, separated from food and interacting supplements.
- Repeat thyroid function six weeks after the dose increase (due 31 August 2026).

Follow-up

Repeat thyroid function testing in six weeks, with review of results at Calamvale Family Practice.

Safety-netting

Advised to seek review if symptoms worsen or new concerns arise before the repeat test.