

GP consultation note

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Patient ID	P014	Document ID	P014-D01
Date	2026-07-15	Type	GP consultation note
Author	Gp	Recipient	-

Date: 15 July 2026

Patient: Priya Nair

DOB/Age: 52 years

Sex: Female

Clinic: Calamvale Family Practice

GP: Dr David Wilson

Reason for contact

Fatigue and cold intolerance.

History

Priya Nair attended for review of fatigue and cold intolerance. She has a background of primary hypothyroidism and hyperlipidaemia. No acute illness identified at this consultation. She reports taking levothyroxine with breakfast.

Medications

- Levothyroxine 75 micrograms once daily
- Rosuvastatin 10 mg nightly

No medication changes were made at this consultation.

Assessment

Symptoms may relate to thyroid replacement therapy, including administration timing. Thyroid function testing is required to assess current thyroid status.

Plan

- Arrange initial thyroid function testing.
- Review levothyroxine administration timing.
- Advise patient to take levothyroxine consistently apart from food and interacting supplements.

Follow-up

Thyroid function testing due 18 July 2026, GP review pending results.