

GP consultation note

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Patient ID	P012	Document ID	P012-D01
Date	2026-07-30	Type	GP consultation note
Author	Gp	Recipient	-

Shailer Park Medical Centre

Date: 30 July 2026

Patient: Evelyn Hart

Age: 67 years

Sex: Female

Primary GP: Dr Tom Riley

Reason for contact

Worsening right knee pain.

History

Evelyn presented with worsening right knee pain. No acute injury was reported. Pain is present on stairs. A small effusion was noted on examination.

Background

Known knee osteoarthritis, obesity and hypertension. No known drug allergies. Baseline status: independent, but activity has reduced because of knee pain.

Assessment

Likely osteoarthritis of the right knee.

Plan

- Arrange plain radiograph of the right knee.
- Conservative care.
- Right knee X-ray and results review due 7 August 2026 - GP, Shailer Park Medical Centre.
- Physiotherapy program due 21 September 2026 - Physiotherapist, Community Physiotherapy.

Medication changes

Paracetamol: regimen clarified from as required to 1 g up to three times daily as required, to improve safe and consistent osteoarthritis symptom management. Continue as active.

Current medications

- Amlodipine 10 mg once daily
- Paracetamol 1 g up to three times daily as required

Follow-up

Review results of right knee X-ray on 7 August 2026. Physiotherapy program arranged for 21 September 2026.