

GP consultation note

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Patient ID	P011	Document ID	P011-D01
Date	2026-08-12	Type	GP consultation note
Author	Gp	Recipient	-

Date: 12 August 2026

Clinician: Dr Nina Kapoor

Practice: Park Ridge Medical Practice

Patient: Liam Brooks

Age/Sex: 60-year-old male

Reason for contact

Low back pain with left-leg radiation.

History

Low back pain with left-leg radiation. No bladder or bowel symptoms. No progressive weakness. Background of chronic kidney disease stage 2, hypertension and lumbar spondylosis. Allergies: no known drug allergies.

Assessment

Lumbar radicular pain without immediate red flags.

Plan

Start naproxen 250 mg twice daily with food for a short trial for radicular pain. Maximum intended duration 7 days.

Continue losartan 50 mg once daily.

Continue paracetamol as required.

Renal function test after NSAID initiation: due 19 August 2026.

Lumbar MRI if symptoms persist: due 26 August 2026.

Safety-netting: stop naproxen and seek review for reduced urine output or illness. Attend ED for new weakness or bladder/bowel symptoms.

Medication changes

Naproxen 250 mg twice daily with food started 12 August 2026; active; short trial for radicular pain; maximum 7 days.