

GP telephone note

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Patient ID	P010	Document ID	P010-D07
Date	2026-09-12	Type	GP telephone note
Author	Gp	Recipient	-

Date: 12/09/2026

Patient: Sofia Nguyen

Age/sex: 46-year-old female

Clinic: Underwood Medical Centre

GP: Dr Ben Carter

Encounter: Telephone follow-up

Reason for contact

Review of tolerance of preventive medication for migraine.

History

- Amitriptyline 10 mg nightly started 05/09/2026 for migraine prevention after increased headache frequency.
- Prior brain MRI 04/09/2026: no structural cause identified.
- Reports mild morning drowsiness.
- Headache frequency has reduced.

Current medications

- Amitriptyline 10 mg nightly
- Perindopril 5 mg once daily
- Sumatriptan 50 mg as required

Allergies

- Prochlorperazine - dystonic reaction

Assessment

Some benefit from amitriptyline, with mild tolerable morning drowsiness. Continue current dose pending neurology review.

Medication changes

- Amitriptyline 10 mg nightly - continued, no dose change.

Plan

- Continue amitriptyline 10 mg nightly.
- Await neurology outpatient review (due 06/10/2026).
- No changes to perindopril or sumatriptan.

Follow-up

Neurology outpatient review outstanding.