

GP consultation note

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Patient ID	P010	Document ID	P010-D01
Date	2026-08-26	Type	GP consultation note
Author	Gp	Recipient	-

Underwood Medical Centre

GP consultation note

Date: 26 August 2026

Time: 08:40

Patient: Sofia Nguyen (46 years, female)

GP: Dr Ben Carter

Reason for contact

Urgent review of new headache pattern.

History

Patient reports a sudden severe headache that started at approximately 05:50 on 26 August 2026. She describes it as unlike her usual migraine: it came on quickly and was more severe from the onset. She took sumatriptan 50 mg with partial relief, but the headache did not fully settle. She reported no limb weakness. Background includes migraine without aura, usually infrequent and with a consistent pattern, and hypertension. Allergy: prochlorperazine (dystonic reaction).

Examination

Neurological examination normal.

Blood pressure 156/92 mmHg.

Assessment

New severe headache with a pattern different from her usual migraine. Partial response to sumatriptan. Neurological examination normal. Blood pressure elevated at 156/92 mmHg. Clinical conclusion: new severe headache required same-day ED assessment.

Plan

Referral for same-day ED assessment at Logan Hospital. Patient to attend. Follow-up action outstanding as of this consultation.

Medications unchanged: perindopril 5 mg once daily; sumatriptan 50 mg as required. No medication changes at this consultation.

Follow-up

Same-day ED assessment for new severe headache, due 26 August 2026, with Logan Hospital; outstanding.