

Occupational therapy note

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Date	2026-09-07	Type	Occupational therapy note
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Community Rehabilitation Service

Date: 07/09/2026

Patient: Helen Ward

Age: 74 years

Sex: Female

Location: Patient home

Reason for visit

Home safety review to assess fall hazards, referred by GP following a recent fall at home.

Background

Patient lives with spouse and normally walks without an aid. She has osteoarthritis and atrial fibrillation and is anticoagulated.

Findings

A loose mat was identified as a fall hazard. The bathroom was assessed and a grab rail is recommended.

Actions taken

Loose mat removed. Bathroom grab rail recommended.

Clinical conclusion

Modifiable home hazards addressed.

Follow-up

Home-safety assessment completed. Vision assessment remains outstanding with Community Optometry, due 18/09/2026.