

GP consultation note

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Patient ID	P008	Document ID	P008-D01
Date	2026-08-23	Type	GP consultation note
Author	Gp	Recipient	-

Date: 23/08/2026

Time: 09:20

Patient: Samir Patel (55 years, male)

Clinic: Waterford West Medical Centre

Reason for contact

Increasing redness and pain in the lower leg.

History

- Patient reports a shin abrasion on 21/08/2026 after contact with a garden edge; cleaned at home. No immediate medical review at that time.
- Background: type 2 diabetes, peripheral neuropathy, hypertension. Works as a driver and has reduced foot sensation.
- No known drug allergies.
- Regular medications: gliclazide MR 60 mg once daily, metformin 1000 mg twice daily, telmisartan 40 mg once daily.

Examination

- 8 cm area of erythema on the lower leg.
- No systemic symptoms.

Assessment

Non-purulent lower-leg cellulitis.

Plan

- Mark skin edge.
- Start oral cephalexin 500 mg four times daily for 5 days.
- Continue regular medications.
- Safety-netting: attend ED if redness spreads beyond the marked edge or fever develops.
- Follow-up: escalate if redness spreads or systemic symptoms develop; due 25/08/2026. Responsible organisation: Logan Hospital.

Medication changes

- Cephalexin 500 mg four times daily - started 23/08/2026 for lower-leg cellulitis; intended duration 5 days.