

Practice nurse note

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Daisy Hill Medical Centre

Practice nurse note

Date: 20 August 2026

Patient: Daniel Kim, 34-year-old male

Allergies: No known drug allergies

Reason for visit

Inhaler review - check technique with new controller inhaler.

Background

Asthma and allergic rhinitis. Recent asthma exacerbation, reviewed by GP on 16 August 2026 and subsequently assessed at Logan Hospital Emergency Department on 17 August 2026, with discharge on 18 August 2026. Current medications include budesonide/formoterol inhaler 1 inhalation twice daily and as directed for symptom relief, salbutamol inhaler as required, cetirizine 10 mg as required, and prednisolone 40 mg once daily (started 16 August 2026 for a 5-day course).

Assessment

Inhaler technique reviewed with the patient. Spacer use corrected. Written asthma action plan reviewed.

Outcome

Technique and self-management plan completed.

Follow-up

GP review after ED attendance due 25 August 2026 - outstanding.