

GP consultation note

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Patient ID	P005	Document ID	P005-D02
Date	2026-08-28	Type	GP consultation note
Author	Gp	Recipient	-

Date: 28 August 2026

Time: 11:40

Location: Logan Central Medical Centre

Clinician: Dr Olivia Grant

Encounter type: Urgent consultation

Reason for contact

Same-day urgent review arranged by community nursing for suspected heart failure decompensation.

History

Community nursing home visit earlier today for routine heart failure monitoring. Reported weight 3.1 kg above recorded baseline, new bilateral ankle oedema and increased exertional breathlessness. Nursing assessment concluded possible fluid overload and arranged same-day GP assessment.

Patient reports no chest pain.

Background

Heart failure with reduced ejection fraction, chronic kidney disease stage 3, hypertension. Lives alone with weekly community nurse support. Known intolerance to spironolactone due to previous hyperkalaemia.

Examination

Bibasal crackles. Oxygen saturation 93% on room air. No chest pain.

Assessment

Findings consistent with suspected heart failure decompensation. Given frailty and chronic kidney disease, hospital assessment is required.

Medication changes

Nil. Current medications unchanged:

- Bisoprolol 2.5 mg once daily
- Furosemide 40 mg each morning
- Sacubitril/valsartan 24/26 mg twice daily

Plan

Same-day emergency department assessment at Logan Hospital. Patient and GP to arrange. Community nursing to continue routine monitoring.

Safety-netting

Advised to present to emergency department immediately if symptoms worsen, including increasing breathlessness, chest pain, or deterioration in general condition.

Follow-up

Same-day ED assessment outstanding as at time of this note.