

Community nursing note

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Patient ID	P005	Document ID	P005-D01
Date	2026-08-28	Type	Community nursing note
Author	Nursing	Recipient	-

Date: 28 August 2026

Service: Community Nursing Service

Visit type: Home visit - routine heart failure monitoring

Patient: Grace O'Connor (76 years)

Reason for visit

Routine community nursing review for heart failure monitoring. Patient lives alone and receives weekly community nursing support.

Observations

- Weight recorded at 3.1 kg above her recorded baseline.
- New bilateral ankle oedema noted.
- Patient reports increased breathlessness on exertion.

No medication changes were made during this visit.

Assessment

Findings are consistent with possible fluid overload. Patient's known history includes heart failure with reduced ejection fraction, chronic kidney disease stage 3 and hypertension.

Action taken

Same-day GP assessment arranged with Logan Central Medical Centre.

Follow-up

Same-day GP assessment is outstanding as at the time of this note. Community nursing will continue routine monitoring.