

Clinical Progress Note

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Cardiology Outpatient Review - Routine Follow-up, 3 August 2026

Mr Marwick was reviewed in cardiology clinic for routine follow-up. Active conditions include congestive heart failure (onset August 2020) and chronic kidney disease stage 3 (onset November 2022). Current medications: furosemide 20 mg orally once daily (since 16 February 2026) and sacubitril/valsartan 49/51 mg orally twice daily (since 26 August 2025).

Observations on 3 August 2026: heart rate 70 beats/min, systolic blood pressure 124 mmHg. On 18 May 2026: heart rate 68 beats/min, systolic blood pressure 122 mmHg. Echocardiogram on 12 February 2026 showed left ventricular ejection fraction 45%, improved from 38% in 2025. Mobility is independent; he walks 20 minutes most days.

Plan: Continue current heart failure regimen; repeat renal function in 3 months; cardiology follow-up in 6 months.