GP follow-up note

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Springwood General Practice

GP follow-up note - Post-ED heart-rate review

Date: 27/08/2026

Patient: Aisha Rahman, 69 years, female

Primary GP: Dr Michael Young

Reason for contact

Post-ED follow-up to review dizziness and heart rate.

History

- 22/08/2026 urgent GP review: dizziness and near-syncope. Irregular pulse 44 bpm. ECG showed atrial fibrillation with slow ventricular response. Symptomatic bradycardia required ED assessment; advised not to drive to hospital.
- 22/08/2026 Logan Hospital ED: bradycardia in known atrial fibrillation. No focal neurological deficit. Electrolytes final: acceptable. Troponin final: not elevated. Symptoms improved during observation; heart rate improved without pacing; no recurrent near-syncope. Discharged home.
- ED medication changes: metoprolol modified release decreased from 50 mg once daily to 25 mg once daily for symptomatic slow ventricular response; apixaban continued at 5 mg twice daily for stroke prevention; perindopril 5 mg once daily unchanged.
- ED safety-netting: return for syncope, chest pain or persistent palpitations.
- Cardiology outpatient review remains outstanding, Metro South Cardiology Clinic, due 22/09/2026.
- Allergy: sulfonamide antibiotics - rash.

Current review

- No further dizziness.
- No bleeding symptoms.
- Pulse 68 bpm, irregular.
- Impression: tolerating reduced metoprolol dose. Heart rate improved and symptoms resolved.

Medication changes

- Metoprolol modified release 25 mg once daily - continued unchanged. Reason: symptoms resolved and heart rate improved.
- Apixaban 5 mg twice daily - continue for stroke prevention.
- Perindopril 5 mg once daily - continue unchanged.

Plan

- Continue metoprolol modified release 25 mg once daily.
- Continue apixaban 5 mg twice daily.
- Continue perindopril 5 mg once daily.
- Cardiology outpatient review remains outstanding, due 22/09/2026.

- Safety-netting: return to ED for syncope, chest pain or persistent palpitations.

Follow-up

- GP review of symptoms and pulse within 7 days of ED completed today.
- Await cardiology outpatient review on 22/09/2026.