

Clinical Progress Note

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Progress Note - Discharge Follow-Up

Date of Visit: 2026-08-07

Patient: Nadiya Orrell (DOB: 1958-07-29)

History:

This is a post-exacerbation review for the patient with a history of chronic obstructive pulmonary disease since 2018. She completed a short course of oral prednisolone 40 mg once daily from 2026-07-30 to 2026-08-03. She remains an active smoker with a 36 pack-year history, currently smoking approximately 5 cigarettes daily.

Objective:

On 2026-07-30, resting oxygen saturation was 88% on room air. Spirometry on 2026-08-07 demonstrated a persistent obstructive ventilatory defect with an FEV1 of 1.15 L, compared to 1.28 L on 2026-04-28. Oxygen saturation was 93% on 2026-04-28.

Current Medications:

- Salbutamol 100 mcg/actuation, 1-2 puffs inhaled as needed (active since 2018).

Plan:

- Recheck resting oxygen saturation within 1 week.
- Refer to pulmonary rehabilitation.
- Respiratory clinic review within 4 weeks.