

Clinical Progress Note

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Endocrinology Outpatient Review - 2026-07-28

Reviewed for worsening glycaemic control. Active conditions include type 2 diabetes mellitus (onset 2017-05-22) and dyslipidaemia (onset 2019-03-12).

Current medications: metformin modified release 1 g orally twice daily (since 2022-01-17); empagliflozin 10 mg orally once daily (started 2026-07-28).

Recent investigations: HbA1c 9.1% on 2026-07-21; HbA1c 8.2% on 2026-03-24. Systolic blood pressure 138 mmHg on 2026-07-21; 134 mmHg on 2026-03-24. Social history: night-shift security worker with irregular meal timing.

Plan: repeat HbA1c and renal function in 3 months; diabetes educator review within 4 weeks; GP medication tolerance check in 2 weeks.