

GP follow-up note

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Author	Gp	Recipient	-

Meadowbrook Medical Centre

Date: 07/09/2026

Patient: Mei Lin, 58 years, Female

GP: Dr James Patel

Reason for contact

Post-ED follow-up to review symptoms, pathology and diabetes medicines.

History

Presented to Logan Hospital Emergency Department on 01/09/2026 with dehydration following a gastrointestinal illness. Diagnosed with pre-renal acute kidney injury on a background of chronic kidney disease stage 3, type 2 diabetes and hypertension. Improved after intravenous fluids and was discharged home the same day with metformin and empagliflozin temporarily withheld. Amlodipine continued.

Repeat renal function and electrolytes on 05/09/2026 showed renal function improving toward baseline and potassium stable.

At today's review, gastrointestinal symptoms have resolved and oral intake is normal. Renal function is improving.

Assessment

Recovery from pre-renal acute kidney injury. Suitable to restart metformin. Empagliflozin remains withheld pending repeat renal function.

Medication changes

- Metformin: restarted at 500 mg twice daily (previously withheld).
- Empagliflozin: continue to withhold.
- Amlodipine 5 mg once daily: continued.

Plan

- Repeat renal function and electrolytes on 16/09/2026 before considering empagliflozin restart.
- Safety-netting: return if persistent vomiting, reduced urine output or worsening weakness.

Follow-up

- GP review of symptoms and withheld medicines: completed today.
- Repeat renal function before considering empagliflozin restart: due 16/09/2026 - outstanding.