

GP consultation note

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Patient ID	P002	Document ID	P002-D02
Date	2026-09-01	Type	GP consultation note
Author	Gp	Recipient	-

Patient: Mei Lin

DOB/Age: 58 years

Sex: Female

Clinic: Meadowbrook Medical Centre

Reason for contact

Same-day urgent consultation for gastrointestinal illness with dehydration risk. Patient contacted the clinic this morning requesting an urgent appointment because of vomiting and diarrhoea, reduced oral intake and inability to keep usual medicines down, in the context of type 2 diabetes and chronic kidney disease.

History

Patient reports onset of vomiting and diarrhoea from approximately 06:30 today. Reduced oral intake. Unable to keep usual medicines down. She is concerned given her diabetes and kidney condition.

Background

Type 2 diabetes, chronic kidney disease stage 3, hypertension.

Regular medications prior to this attendance: amlodipine 5 mg once daily, empagliflozin 10 mg once daily, metformin 500 mg twice daily.

Allergy: penicillin - immediate urticaria.

Usually lives independently and manages diabetes reliably. Routine diabetes and kidney disease review on 20 August 2026 was stable, with no acute symptoms and reported medication adherence.

Examination

Dry mucous membranes.

Postural dizziness.

Capillary glucose 12.1 mmol/L.

Assessment

Gastrointestinal illness with possible dehydration and possible acute kidney injury. Requires emergency department assessment today.

Medication changes

- Metformin 500 mg twice daily - temporarily withheld. Reason: dehydration and possible acute kidney injury. Status: on hold.
- Empagliflozin 10 mg once daily - temporarily withheld. Reason: acute illness with reduced oral intake. Status: on hold.

- Amlodipine 5 mg once daily - continued.

Plan

1. Attend ED today for dehydration and renal assessment - Logan Hospital.
2. Do not take withheld medicines (metformin and empagliflozin) until reviewed.
3. Patient advised to attend emergency department today for assessment and management.

Safety-netting

Patient advised to attend ED today. Withheld medicines are not to be restarted until reviewed.

Follow-up

ED attendance outstanding as of this consultation. Review of withheld medications and renal function pending ED assessment.