

GP consultation note

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Patient ID	P002	Document ID	P002-D01
Date	2026-08-20	Type	GP consultation note
Author	Gp	Recipient	-

Meadowbrook Medical Centre

Date: 20 August 2026

Reason for contact

Routine review for diabetes and chronic kidney disease monitoring.

History

Mei Lin attended for a routine diabetes and kidney disease review. She reports no acute symptoms. She reports adherence to her current medications. Baseline status: lives independently and usually manages diabetes reliably.

Chronic conditions: Type 2 diabetes, chronic kidney disease stage 3, hypertension.

Allergy: Penicillin - immediate urticaria.

Medications (unchanged)

- Amlodipine 5 mg once daily
- Empagliflozin 10 mg once daily
- Metformin 500 mg twice daily

Assessment

Routine diabetes and CKD review. No acute issues identified. Medication adherence reported. Baseline regimen continued.

Plan

Continue current medications unchanged.

No medication changes made at this visit.

No investigation results available at this encounter.

No follow-up actions arranged as of this visit.

Dr James Patel

General Practitioner

Meadowbrook Medical Centre