

Clinical Progress Note

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Author	general practitioner	Recipient	clinical record

Progress Note - Soraya Kestrel

Active conditions: congestive heart failure (onset February 2021) and hypertension (onset September 2016).

GP consultation on 20 April 2026 for increasing exertional dyspnoea; oxygen saturation was 94% and weight 73.4 kg. On 2 August 2026, oxygen saturation was 91% and weight 75.8 kg. Echocardiogram on 3 August 2026 showed left ventricular ejection fraction of 35% with reduced systolic function.

Current medications: furosemide 40 mg orally twice daily (since 2 August 2026); carvedilol 12.5 mg orally twice daily (since 20 June 2024).

Social history: lives alone; daughter visits twice weekly.

Care plan (4 August 2026): repeat renal function and electrolytes within 7 days; cardiology review within 2 weeks; daily home weight monitoring.